

# Positive East

Better Futures for Positive People



Annual Report  
2008

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*New campaign and service promoting the uptake of HIV testing*

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# Director's Report

We measure our achievement as a Charity through the impact we make in improving the quality of life for individuals and communities affected by HIV. 2008 continued that success as the achievements and case-studies in this annual report will testify. The report demonstrates our passion, commitment and dedication to facilitating the journey of people living with HIV, not just from a point of crisis to independence but to ensuring that independence is sustained.

We believe the success is due to Positive East being a key link in the bridge between health and social care ensuring that people living with HIV not only have a stable platform to achieve a good standard of health and well-being but, through our holistic service provision, are facilitated and enabled to sustain it. We believe that our close relationships with partners in the NHS and Social Services are a crucial part of that success. We understand that this works best where we are all partners in a multi-disciplinary team with a single focus. We therefore strive to create such a multi-disciplinary team in all of the areas we work, keeping the person living with HIV very much at the centre of our focus.

The challenge of reaching our achievements, for people living with HIV, grows bigger every year. At times it feels that more and more obstacles are placed in pathway to success. This year was no different and people living with HIV faced the review of Disability Living Allowance, new case-law that means harsher treatment for asylum seeking people and the introduction of a new social security benefits system.

However Positive East is fortunate to have a team of talented and hardworking Staff,

Trustees and Volunteers. It is self evident from this report that the team have once again risen to this challenge and I pay tribute to them all.

2008 also saw the Charity make some bold steps in addressing HIV prevention needs. The Charity used its knowledge and experience of working with communities affected with HIV, over many years, to enable us to better fulfil our mission. During this year we launched our GMI partnership with the Metro Centre and West London Gay Men's Project delivering innovative services, across London, focused on reducing the risk of HIV transmission amongst gay men. We also partnered the Terrence Higgins Trust to address late HIV diagnosis and reduce the numbers of people with undiagnosed HIV infection.

The Charity continued to listen hard to the needs of people living with HIV ensuring that we have services that effectively address them. This meant that we developed some new services in 2008 such as our Specialist Psychology Service, funded by Comic Relief, for asylum seeking women who have experienced sexual violence and/ or torture. We also published our guide, with the help of Barclays, 'Find Your Way to Work' continuing our focus on supporting people living with HIV back to the workplace.

2008 was another successful year for Positive East and I hope that you enjoy reading our annual report which is a testament to the many people living with HIV that we have had the honour to support.

**Mark A. Santos**  
**Director Positive East**  
January 2009

# Advice Services

Our Advice Services remain at the frontline of ensuring people living with HIV have a stable basis to be able to promote their health and well-being. This is not least because poverty, poor housing and immigration are some of the most frequent and greatest barriers that people living with HIV face in being able to promote and maintain their health. It is clear that without our service many people would not have the money or housing that are essential in enabling them to adhere to medical treatments. As such, our advice service plays a critical role in supporting people living with HIV move from places of crisis to independence and start to focus on some of the higher order needs and issues that allow them to sustain their independence and have a good quality of life.

Our experience continues to show that our specialist HIV advice services, delivered through our integrated approach, remain essential for the reasons stated above. It also shows that generic services do not have the expertise, understanding and the ability to do the in-depth casework needed to get the successful results that we achieve. Further the stigma and discrimination that people living with HIV face means that there are major barriers to accessing mainstream service provision.

It has been a particularly challenging year for our advice services starting with the review of Disability Living Allowance; dealing with the impact of the Slough Case which means that many of our asylum seeking clients have lost

and will be losing their support from social services; and finally the introduction of a new social security benefits with the Government's Welfare Reform programme. Despite these challenges the Advice Service continues to have great success and some of these achievements include:-

- raising over £2,188,169.28, on an annualised basis, in social security benefits and hardship funds for people living with HIV.
- development of new advice outreaches in Hackney and Barking & Dagenham extending our reach and promoting our access in the community through ensuring our advice services are available in all of the boroughs across north east London.
- piloting an evening advice service for people at work ensuring that we support people living with HIV stay in the workplace.
- successfully supporting clients through the government Disability Living Allowance review programme ensuring that people with HIV who had an eligibility for the benefit retained it.
- delivering advice services at most of the HIV clinics across north east London so that we people living with HIV have a seamless service provision and enabling us to be better able to bridge the gap between health and social care.
- successfully representing people in social security benefits tribunals.
- preventing evictions through successfully representing people, as lay advocates, in the County Court.

### Case-Study

Mohandas is a Black British straight man, living with symptomatic HIV infection exacerbated by a permanent minor cognitive impairment following an accident. He was referred to us through one of our outreach sessions in a HIV clinic as he was facing financial hardship and bailiff action.

Mohandas was severely depressed and isolated, a situation that was which was severely worsened by his poor living conditions and limited resources. As such initially we found it difficult to get the client to engage, cooperate and be involved in helping resolve the case.

We made a number of different social security benefit applications for Mohandas and these included applications for a Community Care Grant to buy equipment for his flat, to the Crusaid Hardship fund and for Disability Living Allowance.

These applications were successful. We increased his weekly income through receipt of Disability Living Allowance by £84.75 and an increase in his Income Support of £88.80. We also managed to get these awards backdated providing him a lump sum of £2256.05. Together with his Community Care Grant Award of £1245 and Crusaid Hardship Grants Award of £121.05, we enabled Mohandas to pay off his debt and prevent further action from bailiffs and purchase essential items for his accommodation.

This really had a positive impact on his health and well-being as his stress was reduced; he was able to cook healthy meals with his new cooker; wash and dry his clothes with his new washer dryer, avoid the risk of opportunistic infections by laying down flooring amongst many other changes.

We helped Mohandas to create a pleasant, safe and hygienic environment for himself and he is now visibly much happier. He has become less introverted and becoming more positive and proactive demonstrated by the fact that he is now socialising with people and is even starting to talk about dating which was frankly unthinkable when he was first referred to us.

### Case-Study

Daisy is a single woman who was homeless having just received settled immigration status. We supported Daisy to make an application to the borough as homeless. The borough accepted responsibility for her and placed her in temporary accommodation. Daisy was concerned about the temporary accommodation she had been offered because the bathroom/toilet opened directly onto the living room and also the closeness of the property to the tube line. Daisy raised the matter with the Local Authority and she was advised that she needed to accept the offer otherwise the Borough would discharge its responsibility to her and she would have nowhere to live. Daisy came and spoke with us about the matter. She was clearly very stressed and upset that she may have to accept living in substandard accommodation. Our Housing Adviser went and visited the premises and was provided with documentation that indicated that the property was in fact an unlawfully converted out- building and on further investigation he found that the Borough's planning department had actually declared the property unfit for human habitation. Our worker made representations to the Borough and Daisy was provided with suitable alternative accommodation.

## Case-Study

Edna is a single parent from Uganda who has been living with HIV for over 10 years.

When Edna's Disability Living Allowance (DLA) was up for renewal, she completed the paperwork herself and unfortunately the benefit was severely cut to the lowest levels. Edna came to see us for help and it was clear to us that she was entitled to the higher rates. Edna told us that she depended on the income from her DLA to pay her utility bills and be able to afford the food that she needed. The drastic cut in her income caused the Edna to experience depression and anxiety attacks and her CD4 count dropped as she was not able to eat properly and she could not afford the gas and electricity during the day to keep warm.

We assisted Edna to complete her DLA claim and gathered all the supporting medical evidence. The application for DLA was now successful and she was made an award at the highest rates reflecting her needs. This meant an extra £96 DLA each week as well as an extra £62.95 by way of Income Support. In addition her award was not time limited but for an indefinite period. Edna was in tears and extremely happy with the result as she felt that she could now begin to rebuild her life as she could now afford heating and electricity as well as the food that she liked. Edna said 'If Positive East did not exist who would be there to help vulnerable people like me. Positive East plays a vital role and makes such a difference in people's lives'.

# Community Services

Our Community Support Services is a key part of our holistic service provision enabling the Charity to support and help people living with HIV navigate the pathway from crisis to independence and then actually sustaining that independence.

This support and help will often mean providing emotional support; support helping to build self esteem, confidence and assertiveness; access to health and well-being information; advocacy to assist people to overcome barriers to accessing services; and opportunities to access peer support, training, support groups and workshops that help people to become experts in managing life with HIV.

The team has a focus on the two communities that are disproportionately affected by HIV in the UK, African Communities and Gay/Bisexual Men. In having such a focus the team is able to provide services in a culturally appropriate and acceptable manner. It is our experience that this approach has been key to the success of our work.

Year on year, life for many African people we support becomes tougher, as access to statutory support becomes limited. Tightening legislation and caselaw continue to be the source of great poverty and hardship which without doubt, impacts on the lives of African clients ability to be able maintain their health and well-being. This makes our services increasingly critical in enabling people to face these challenges.

For our Gay and Bisexual clients, our services continue to play an important role in helping people to maintain and promote health and well-being. From our gay men's specific website [www.gaymenswellbeing.com](http://www.gaymenswellbeing.com), our 3 support groups Positive Life, Kaledioscope and Himat, our one to one support service, through to our arts based workshop programme our holistic service provision remains a key element in addressing the needs of gay men living with HIV.

This year the team continued our existing services and launched new initiatives, addressing late diagnosis of HIV and reducing undiagnosed HIV infection. These included our existing partnership with Newham General Hospital supporting male partners of women who tested HIV+ in antenatal testing. It also included a new partnership with the Terrence Higgins Trust to a deliver Community Based HIV testing service.

Achievements in the year include:-

- providing emotional and practical support to 611 people living with HIV and enabled them to overcome barriers to accessing services
- 390 people attended our 10 support groups which provided opportunities for peer support, gaining life skills, building self-esteem and confidence, access to health and well-being information and training.
- facilitating the delivery of our 6 week parenting skills workshop run in partnership with Newham Psychology Service
- taking over 150 African adults and young people on a summer trip to Brighton
- providing a Christmas Party for over 120 African Adults and Children
- over 60 clients attending a meeting with the Secretary of the All Party Parliamentary Group on AIDS raising concerns and issues from poor experiences with healthcare workers through, bad housing and extreme poverty through to wanting the right to work
- organising successful events throughout the year which were used as opportunities to promote health and well-being including International Women's Day, Black History Month and our Community Cohesion event.
- launching 'Its Better to Know'. Our

campaign initially promote the uptake of HIV testing with Gay Men and Men who have Sex with Men. Then in partnership with the THT changing the focus so that the service became a Community Based HIV testing service

- a stall at Pride 2008 supported by Lehman Brothers
- continuing to facilitate the running of LGBT fora in both Tower Hamlets and Redbridge
- launching our specialist psychology service for asylum seeking women who have experienced sexual violence and/or torture
- continued support of the delivery of Barts & London psychology Service (Sexual Health Outreach Project) which operates from our Stepney Centre
- hosting the launch of the African Policy Network's new Stigma Campaign which was attended by Fergie from the Black Eyed Peas.



*Community Support Services Team Member Vernon Dunning promoting our Smoking Cessation Service*

## Case-Study

Aurora was referred to our specialist counselling service for help with feelings of extreme terror and panic. She had experienced these symptoms previously before her arrival in the UK and throughout her first few years here, during which she received help through the Medical Foundation for care of Victims of Torture. These problems were triggered again by having to recall traumatic experiences in order to complete her Asylum Application.

In her home country many of her immediate family had been murdered including her husband and 3 of her children. Aurora had been brutally beaten, raped and imprisoned. In fact she had been imprisoned on a number of occasions one of which she was kept in a cell with no light and was unaware of day or time.

Aurora saw our psychologist at the beginning of September 2008 and she felt very confused and distressed, and spent most of the sessions with her eyes closed and her head in her hands. She had been experiencing extreme terror and panic every night. She believed very strongly each night that she was going to die, or that someone was coming to kill her. Our psychologist worked with her to build a trusting relationship between them, to help her feel more confident in her safety at home, to manage the effects of post traumatic stress and to try to help her reconnect to places or people she found comforting. Over time, Aurora began to look up and make eye contact. Eventually Aurora said that she felt that the 'fear was smaller' and no longer felt that she was going to die at night. She began mentioning interests such as computing and machine sewing. Our psychologist linked Aurora up with one of our African Communities Support Workers at Positive East, who organised opportunities for her to pursue these interests. Despite still feeling panic at night, Aurora believes that 'joy would come' for her one day.



*Fergie together with Positive East Staff at the launch of AHPN Stigma Campaign*

### Case-Study

Christy is a 39 year old gay man relatively recently diagnosed with HIV in Jan 2008. He was referred to Positive East to access services such as the recently diagnosed course, and for possible group support.

During a telephone conversation we noted that Christy was very anxious about several ongoing issues. He had financial worries, concerns about his sickness absence from his full time work, worries about going bankrupt, and health concerns as he had had a significant fall in his CD4 count from nearly 600 to 92. He was wondering if he might have to start medication for his HIV.

We supported Christy by providing one to one sessions talking through issues about his new diagnosis. Furthermore we linked him into a Clinical Nurse Specialist and helped him to articulate his concerns about his medical situation and helped address some of the issues about his health.

We also referred Christy to our recently diagnosed course, Positive Life our Gay Men's group, our Careers guidance Worker (to address the job related concerns), and to our advice team in relation his debt issues.

Christy is now feeling much happier and his CD4 count has now risen again to over 500.

### Case-Study

Raymond is a 69 year old man from Democratic Republic of Congo (DRC) who is a French and Swahili speaker.

When we met Raymond he was in very poor health, was recovering from open heart surgery, feeling lonely isolated and confused. His ability to maintain his health was limited as he was struggling to communicate with other health and social care professionals working with him as his English was so poor.

Raymond was in the UK alone as his wife and family were back home in the DRC. The isolation from his family was causing him to be depressed and he had limited access to support. Raymond had not made friends in the UK as he was concerned that people would discover that he was HIV+ which further compounded his sense of isolation.

Our worker persuaded Raymond to come along to our French Speaking African Community Group to address his isolation, advocated for him with health professionals to ensure he was getting the appropriate care, referred him to a good immigration solicitor which enabled him to bring his family to the UK, and have linked him with a ESOL course so that he can learn English. Raymond is now in a much happier place and one our most active volunteers for the French Speaking Group.

# Well-being Services

Our well-being services include a number of different projects such as:-

- Journey back to work
- Counselling and Psychotherapy Service
- Volunteering Service.
- Complimentary therapies.

These services provide people with the opportunities to maintain and furthermore sustain their independence. The services are delivered through a range of one to one interventions, group work and workshops.

Achievements this year include:-

- supporting over 80 people into volunteer placements, further education/training and employment.
- publication of 'Find Your Way to Work' launched in May 2008 by Rt Hon Stephen Timms MP (then Minister of State at the DWP). 'Find Your way to Work' is a self-directed workbook exploring and helping to people to address issues about the journey back to the work place.
- running our 6 week 'Apply Yourself' Course twice during the year supporting people living with HIV on the journey back to work. The courses end with mock work interviews undertaken by Barclays staff at their Head Office in Canary Wharf.
- obtaining a number of work placements for clients at Barclays Canary Wharf.
- providing over 20 work placements for people living with HIV within the charity ensuring that we are very much walking the talk.
- delivering a mental well-being training programme, skilling up Positive East staff & volunteers together with professionals from other agencies on a range of issues covering HIV and Mental Health issues.
- running 3 recently diagnosed courses. This 7 week programme with one full day and 6 evening sessions explores a variety of issues from living well with HIV, disclosure, sex and relationships, dealing with stress, & journey

back to work amongst other issues that support people to self manage and maintain their health and well-being.

- skilling people to have informed conversations with their clinicians and enabling them to be actively involved in decision making about their treatment options.
- supporting people to adhere to ARV regimes through assisting them to integrate them into their daily lives.
- running a Personal Synthesis course, which is a year long course in 4 modules, promoting people's self esteem, confidence and assertiveness. The group work programme shows people how they have the resources within themselves to achieve their goals and provides them with the skills, confidence and tools to do just that.
- running a volunteer counselling service providing people living with HIV a space to explore issues and helping them to cope with living well with HIV.
- running a volunteer led Complementary Therapy Service.
- supporting Adults, Children and Young People in the community through befriending.
- expanding volunteer involvement especially in reception and admin services.

## GMI Programme

In April 2008 we launched the GMI partnership together with the Metro Centre and West London Gay Men's Project. The 3 organisations came together to deliver innovative approaches for HIV prevention work for Gay and Bisexual Men. Funded by all London Primary Care Trusts the service has two strands:-

## Health Trainers

Our Health Trainers service is often the first point of contact for men who have sex with men on issues related to HIV prevention, as the service is based in the community in

commercial venues (bars & clubs), community agencies and clinical settings.

Those men who come into contact with Health Trainers are offered a 'life check' assisting the men to identify their support needs, their current levels of knowledge, and discuss possible STI and HIV risk behaviour. From the life check, all men will be provided with a tailored action plan that provides information and refers the men onto other services to ensure their needs are met.

### **Mentoring and Counselling Services**

This service offers a spectrum of talking therapies and peer mentoring opportunities which are designed to assist men who have sex with men:

- a) identify their risk factors for unsafe sex
- b) reflect on the issues and challenges in practising safer sex
- c) set goals and plan and implement strategies for reducing or eliminating risk.

The service is open to all men who have sex with men regardless of HIV status who have concerns with adopting or maintaining safer sex and HIV risk reduction behaviour. All men entering the Service are offered a confidential assessment, and through a process of discussion will be able to identify the most appropriate option for them. Options include:-

- a) cognitive behaviour therapy
- b) peer mentoring
- c) sexual health counselling.

### **Case-Study**

Eddie has had a very recent diagnosis of HIV and wanted to discuss concerns around isolation and difficulties experienced within his relationship with his partner who is HIV negative and would prefer to tell no-one about Eddie's diagnosis. Eddie has felt a real lack of support in dealing with his HIV diagnosis and wanted to disclose to his parents but his partner has advised against this.

We provided Eddie with counselling to explore his feelings about his diagnosis, conflicts in his relationship, and his wish for wider disclosure.

We explored the fact that there has been very little communication about HIV between Eddie and his partner including the fact that they no longer have sex. Eddie's partner put this down to the fact that they had been together for years. However Eddie feels that this change is due to his diagnosis. Eddie's worst fear is that his partner will leave him. He is now discussing and exploring the possibility of referral to the Barts Sexual Health Outreach Project (offered at our Stepney Centre) for couple therapy.

Eddie has also been having weekly support over his recent diagnosis and has started to attend the Recently Diagnosed Course at Positive East. He feels particularly interested in the session on sex and relationships. Eddie has also started attending our Positive Life group for peer support.

Through our support, Eddie feels much less isolated and in more control of the situation. He recognises that he has some way to go but feels that he is being supported on that journey due to the help provided by Positive East.



*Imagery from our uptake of HIV testing campaign targeting gay men*

### Case-Study

Antonio is a heterosexual 38 year old, who has been living with HIV and associated health problems for 7 years.

He is currently studying p/time to be a translator in a European Language. His IT skills are excellent but he does not have a qualification to evidence his abilities and was very interested in the ECDL course we offered in October 08. Antonio completed the basic skills course required by UKE learning and began the ECDL modules.

Antonio has been racing ahead with the course work and received his certificate for the first three modules in January 09 and is currently studying Powerpoint after completing the Word Processing module. He never misses any of the training sessions and put in a lot of self-directed learning time.

It has been a real boost to his confidence to be seen as the star pupil and is enjoying the challenge. When he has completed ECDL it will be a valuable qualification, which will complement his data entry and administration skills when he feels well enough to look for employment

### Case-Study

Sophie is a woman in her mid 40's, who has been living with HIV for 13 years.

She has been employed part time, as night-time care worker in a residential facility for the elderly, since completing her MBA. Sophie had to give up her studies for a PHD in micro-Finance for financial reasons. Her daughter is at now at college and Sophie is finding it difficult to manage. Her spoken English does not reflect her academic abilities and Sophie is very conscious of this and it affects her confidence dramatically. She is also concerned about issues of disclosure at work, but would love to work in banking as she was a senior bank official in Africa.

She has undertaken the Apply Yourself course and was overjoyed when offered the opportunity of a placement at Barclay's Canary Wharf Head Office. She was given time off by her employer and has recently completed her placement. Sophie enjoyed the experience and feels that she has gained valuable experience of the UK banking system and is more confident in her abilities and communication skills.

Sophie hopes to use the experience and reference from Barclays to apply for vacancies which match her skills and qualifications.

### Case-Study

Carrie is a 51 yr old African woman who has been living with the virus for nearly 3 years.

Carrie left her family in Africa and was isolated, which was compounded by the fact that she could not speak English. This meant that Carrie had problems with accessing information, advice and support due to her language problems and became even more isolated.

We helped Carrie access English language and computer courses. She then decided that she would like to join the volunteer team and helped with the support groups and event organisation. This has given her a real opportunity to practice her English and as a result she is a lot better at speaking it. Her confidence has also improved since she now can go to other agencies and express herself without the use of an interpreter.

# Statistics

## Gender

Female	46%
Male	54%

## Sexuality

Bisexual	2%
Gay	30%
Heterosexual	68%

## Ethnicity

Black African	59%
Black Caribbean	6%
South Asian	5%
White British	24%
White European	6%

## Borough of Residence

City & Hackney	13%
Barking & Dagenham	8%
Havering	2%
Newham	27%
Redbridge	12%
Tower Hamlets	11%
Waltham Forest	9%
Other Boroughs	18%

## Headline Achievements

- The charity has worked with **1558 people who are resident, use hospital services or work in North East London** in the **period**. The main focus for the work of the charity has been about enabling people to live well with HIV through promoting health & well-being in addressing a range of practical (advice, advocacy) through to psycho-social (counselling, group support) issues.
- **18130** episodes of services have to been delivered to clients in the period
- We successfully worked **5712** matters/issues raised by our clients
- Raising over **£2,188,169.28**, on an annualised basis, in social security benefits and hardship funds for people living with HIV

- **390** people attending our 10 support groups accross East London
- The charity was nominated for **4** awards in the period. These were the **Corporation of London's Dragon Award** for our employability programme with Barclays; **Black Gay Men's Advisory Group's** Best Health Promotion Award for Kaleidoscope our African Caribbean Gay Men's Group; **Redbridge Council's Community Safety Award for Fazal Mahmood** one of our gay men's team for his work with LGBT communities in the borough; and the **London Gay Sex Fetish Awards** for our outreach work.

Statistics represent the period January to December 2008

# Focus on finance

The following comes from information extracted from Positive East's Annual Financial Statements which have been agreed by the Board of Trustees and audited by Target Winters Ltd. A more detailed breakdown of the financial statements and are detailed within our annual accounts 2007/8 which can be obtained by emailing [info@positiveeast.org.uk](mailto:info@positiveeast.org.uk)

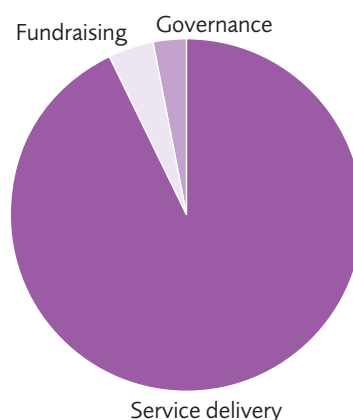
Income in the period rose from £1.4 million to £1.45 millions.

The income increase came from a number of sources but includes £26k from Barclays Bank, the charities first Corporate Funder, as well as some £40k from a successful Lottery application. Both of these are the result of the charities investment in fundraising staff. Additionally community fundraising increased its contribution from £10k to over £19k and this is in no small way attributable to big effort by the fundraising team of staff and our fundraising intern together with our volunteer team.

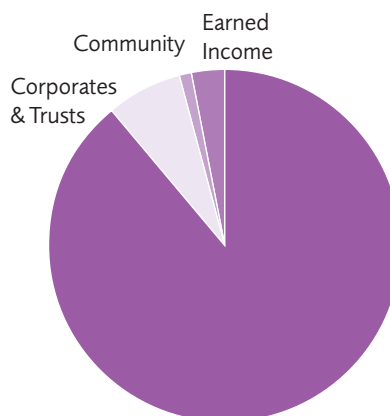
The charity continued to manage the cost base carefully and spends some 93p in the £1 on delivery of services. Whilst 4p in the £1 is spent on fundraising and 3p on governance.

The split of income and expenditure for the year shows the following

	£k	%
<b>Expenditure</b>		
Service delivery	1400	93
Fundraising	63	4
Governance	44	3
<b>Total</b>	<b>1507</b>	<b>100</b>



	£k	%
<b>Income</b>		
Statutory	1291	90
Corporates & Trusts	102	7
Community	19	1
Earned income	38	2
<b>Total</b>	<b>1450</b>	<b>100</b>



# Charity Funders and Supporters

Positive East is grateful to all of its Funders for their ongoing support and confidence. Our funders include:

## **Statutory Funders**

The following London Boroughs and PCTs

Barking & Dagenham

Havering

Hackney

Newham

Redbridge

Tower Hamlets

Waltham Forest

## **Other Statutory Funders**

Big Lottery

Corporation of London

Department Health (Section 64)

Pan London HIV Prevention Partnership

## **Partnership**

Partnership has been key to the success of Positive East. This includes work with our dedicated health and social care colleagues across the whole of East London. The dedication and commitment of these Doctors, Nurses, Health Advisers, Social Workers, Psychologists and Counsellors is amazing and forms part of a key network of care supporting people living with HIV in East London. Other partners include:-

Age Concern

African HIV Policy Network

CARESS

Christian Aid

Chariots

Deans College

East London Out Project (ELOP)

Foodchain

Florida State University

GALOP

Naz Project London

NAHIP

Newham Advocacy Project

Metro Centre

Metropolitan Police

National AIDS Trust

Newham Psychology Service

Positively Women

Positive Place

Rainbow Parents

St John's Church, Stratford

St James Church, Forest Gate

Safe Exit

Sexual Health Outreach Project (Psychology Service

Barts & London Hospital)

Tower Hamlets College of Further Education

Terrence Higgin Trust Lighthouse

Widows & Orphans

West London Gay Men's Project

Friends of Positive East

Carlos Gomes

John Bamford

Theresa Byles

Dr John & Mrs Sue Boran

Brett Harrison

Marie Larvin

Alan White, Tracy Goodyer and Ben Davies

Tim Jenner

## **Non Statutory Funders**

Derek Butler Trust

Elton John AIDS Foundation

Help a London Child

MAC AIDS

Monument Trust

Mercury Phoenix Trust

Peter Moores Foundation

Children with AIDS Charity

City Parochial Foundation

Comic Relief

## **Corporate Supporters**

Barclays Bank

Barlow Lyde & Gilbert

Chubb

Danish Institute for Study Abroad

GSK

Lehman Brothers

London Underground

Merill Lynch

Nomura

Standard Chartered Bank

## **Community Supporters**

Act Productions

Barclays LGBT Network - Spectrum

The Diversity Choir

Frontrunners

Gay East London

Gerard Hastings & Lady Cardigan

Hackney Empire

Lehman Brothers LGBT Network

London Gay Symphony Orchestra

Queen Mary LGBT Network

Savoy Theatre

Scamp

Sir John Cass School

Southbank University Union

The Hayfield

The Joiners Arms

The Kings Head

The Old Ship

The White Swan

Wilkinson

WM Morrisons Plc



*Staff helping at service user Christmas party*



**Positive East has centres across East London and we can be contacted as detailed below:**

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