



Positive East - July/August Newsletter 2011

Positive East at the British 10k Run, a daredevil parachute jumper & about our Patients Forum. Plus details of our Apply Yourself and Re:Assure workshop courses.

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Positive East Newsletter



July/August 2011

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Spotlight on...

Please help Positive East by nominating the charity for Gilead Community Award 2011!

The biopharmaceutical company are running their annual HIV Community Award to recognise community groups who provide a supportive environment for people living with HIV. The winning charity could win up to £5,000. The deadline is 30th September, and we need your help! Print off the attached form and answer 2 questions and return as detailed, or just send your nomination by e-mail to: ukcommunity@gilead.com and help support Positive East.

Apply Yourself Starts Wednesday 7th September 2011 for 4 sessions

Supporting people living with HIV in East London in their journey back to work.

You will have the opportunity to have questions answered around explaining gaps in work history, issues of disclosure, identifying skills and knowledge, and completing application forms and interview techniques.

Purple runners do us proud!



Our wonderful team of runners took to the streets of London, representing Positive East at the British 10K London Run on July 10th 2011.

Amongst over 25, 000 other runners, the purple tutu wearing heroes competed bravely and raised a fabulous total of over £3,600 between them! As promised, there was a prize of a fantastic iPod Shuffle to our highest fundraiser, who was Tim Tarring, who rose a magnificent £900 in support of communities affected by HIV in East London. We have some great pictures of the Positive East running team and adoring fans on our Facebook page.

Interested in taking part in next year's British 10K? Send your details to mark.butcher@positiveeast.org.uk today to be kept in contact. Plus, coming soon, exciting news of another athletic event to get involved with Positive East.



Jay jumps for Positive East

On 30th July 2011, Jay Hughes did something that not many of us would dare - he jumped out of an airplane from 10, 000 ft!



Changes in HIV drug prescription

In partnership with NELNET, Positive East held a patient forum on 28th July 2011, to discuss changes to HIV drug prescribing in London.



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The course is free, open to all registered clients with the right to work/study in the UK. The weekly course starts Wed 7th September, 10.30am to 4.30pm, until 28th September.

For details, or to register for a place, email Sue Murphy for details: 020 7791 2855 or visit the Positive East website.

Re:Assure

Starts Monday 3rd October 2011 for 7 sessions

Our successful workshops for women are starts again in October. Re:Assure Women's Project aims to support refugee and asylum seeking women who are living with HIV/AIDS on their journey to overcoming traumatic experiences. The course is free and includes lunch and crèche services; however you must register on the course prior to attending.

For details, or to register for a place, email Jane Tungana for details: 020 7791 2855 or visit the Positive East website.

Jay's daredevil act has so far risen over £1,200 for Positive East, including £250 collected by our energetic volunteer fundraisers around Soho bars.

Positive East expresses our sincerest appreciation to Jay for all his heroics.

So the challenge is there! If you would like to take on an exhilarating fundraising dare-devil challenge like Jay's, or have ideas of something equally spectacular which will help us to raise awareness of HIV while providing much needed funds, please contact Mark for details.

With speakers Claire Foreman (Lead commissioner for London), Dr Iain Reeves (HIV Consultant, Homerton) and Simon Collins (treatment advocate, i-Base), the forum provided a chance to get information directly from decision-makers. The evening generated lively debate as genuine concerns were raised as to how the switch may impact on people's health and wellbeing.

The key issue being that patients need to maintain a good relationship with their doctors and advocacy agencies, like Positive East and i-Base, to campaign on their behalf. Click here for further information (London HIV Consortium for prescribing antiretrovirals - pdf).

Dates for your diary: Summer at Positive East



WIN A BRAND NEW FIAT 500:

Positive East is giving you the chance to win a brand new Fiat 500 for no more than the price of a cup of coffee! By buying a raffle ticket for just £2 each, you will be in the running to win a brand new Fiat 500 while supporting the communities affected by HIV in east London.

CLICK HERE TO BUY YOUR TICKETS (ONLY £2)

Or from Positive East Reception. **95.2% of the proceeds from the sale of tickets will go directly to Positive East.**

For details about the tickets, contact mark.butcher@positiveeast.org.uk or telephone 020 7791 2855. **Closing date:** 16 September: **Raffle draw on:** 25th October; draw winner will be displayed on smallcharitycardraw.co.uk

The Great Big small Charity Car Draw is kindly supported by The FSI, Registered Charity Number: 1122394. Licensed by the Gambling Commission www.gamblingcommission.gov.uk. License numbers: 019816-R-302937-001 (remote) and 019816-R-302938-001 (non-remote). Promoter: Pauline Bromhead, The FSI, Ingestre Court, Ingestre Place, London, W1P 0L.

For more information about Positive East fundraising activities, or anything featured on this newsletter:

Please contact Mark Butcher at mark.butcher@positiveeast.org.uk or telephone 020 7791 2855.

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