



## Project Community Peer Mentor Volunteer Role Description

### Prevention and Testing Team

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### Purpose of the Role

To share your own knowledge and experiences to mentor and support others to:

- Adjust to life changes and deal with the challenges these may bring
- Overcome barriers that can lead to isolation, stigma and unfulfilled sexual health and wellbeing
- Manage the starting of treatment and treatment adherence
- Navigate the health and social care system

You will report to the City & Hackney Sexual Health Coordinator, work with sessional workers and the Prevention and Testing Team. The sessions will be delivered in a range of community settings that are frequented by marginalised communities.

We are a lived experienced organisation, and we value the knowledge, experience, and expertise of someone from the communities this project aims to support and empower.

### Key Tasks and Activities

- Provide 1 to 1 support by email, phone or face to face in Positive East or various settings across Hackney and City of London
- Share your own knowledge and experience to help others identify with the challenges they face
- Provide general emotional support when exploring challenging issues.
- Help reduce isolation
- Help people find information on HIV and sexual health prevention services, LARC, emergency contraception, condoms and lube
- Facilitate referrals to Positive East's services and to external agencies
- Accompany mentees to welfare and clinic appointments if required
- Attend regular supervision and training
- Work within Positive East's policies and procedures.

### Skills / Experiences needed

- An ability to listen to others in a non-judgmental way
- An ability to communicate clearly to others
- An ability to work on your own as well as part of a team



- A belief that people have the ability to change and grow
- An ability to support people in that process of change
- Organisational skills and an ability to manage your work with Mentees assigned
- To enjoy working with people from different backgrounds and cultures
- Have initiative in researching information that might prove useful for your Mentees
- Be punctual and reliable

### Training and support

- General Volunteer Induction
- Peer Mentoring Training
- Regular supervision

### Benefits of the role

- Gain experience of working in the charity sector
- Gain skills that are useful in both professional and personal life
- Receive ongoing support in conducting your role as well as continual personal development
- Develop your knowledge and skills of working with people in a care setting
- Be part of a network of others that share a similar experience

### Disclosure & Barring Service Certificate

- An enhanced DBS Check is required for this Volunteering Role.  
*Having a criminal record will not necessarily prevent you from volunteering with us, but may depend on the nature of the circumstances/background of the conviction.*

### Location

- Positive East's office
- Various locations across Hackney and City of London where target communities meet

### More information

For more information or to discuss volunteering opportunities please contact Positive East's Volunteer Manager at [Maria.Kubler@positiveeast.org.uk](mailto:Maria.Kubler@positiveeast.org.uk) or City & Hackney Sexual Health Coordinator at [Euriza.mata@positiveeast.org.uk](mailto:Euriza.mata@positiveeast.org.uk)