



4 ALL!

PrEP

PrEP stands for pre-exposure prophylaxis and is a pill you take before you have sex to prevent HIV even if you're not using condoms.

PrEP is safe and effective and can be either taken daily or when you plan to have sex (this is called event-based dosing). PrEP is now available for free on the NHS.

For more information:

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 **PositiveEast**
better futures for positive people